

Hospice for Neuro-disability Withstanding Time





Greetings from the President

When, for my own personal professional reasons, I first walked through the door of the Hospice for Neuro-disability in 2007, had no idea how central it would become to my life in the years to come. Second only to my own family, the Hospice would become the main recipient of my love and care.

In 2012, I was elected to President the Board of the Hospice for Neurodisability. There were battles large and small to keep the institution running after 124 years of service. The entire Board and staff were working to improve our patients' quality of life and doing everything in our power to spark a moment's joy and optimism, to give a ray of hope.

For many patients, our nurses, doctors and administrative staff are all they have in the world. I have found a simple way of dealing with life's daily challenges: taking time for a walk around our hospital, for a hug with Vaso, Eleni and Michalis; a tender exchange with Vaggelis, Ilias and so many others whose most profound need is for human contact. Moments great and small that give me the strength to keep on fighting the good fight, continuing the constant uphill struggle that's been going on for 124 years with solidarity as my only guide.

The Hospice has vanquished time or, rather, it has withstood it.

It has charted its own course.

There are some significant things that keep the Hospice alive; it has roots, it has shaped consciences, it believes in values, it embodies the visions of generations of Greeks. Its fate bound up with that of Greece itself and of Greek society. The Hospice has faced and survived darker days than the present crisis. It is not afraid because it knows—as all of us here know—because we live it on a daily basis: real strength stems from the soul, not the body!

IOANNA ILIADI

President of the Board of Directors Hospice for Neuro-disability

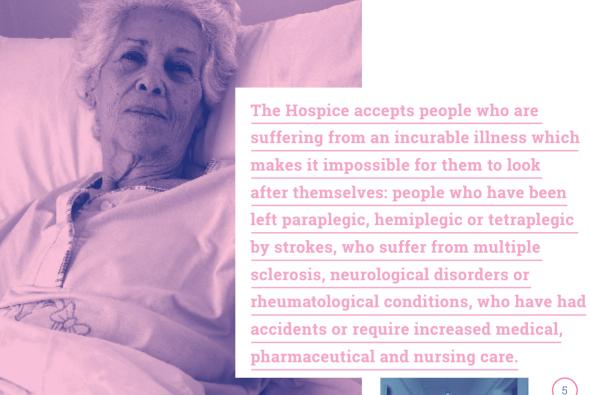
The Hospice is a public benefit, not-for-profit charitable organization which exists solely to serve its philanthropic goals. Since 1893, its specially-trained staff (doctors and nurses) have provided full medical and nursing care to thousands of patients with chronic conditions but no personal funds, along with financial assistance. The Hospice has also relieved families of the heavy burden of caring for their loved ones at home. It is managed by an 11-member Board of Directors and operates as a legal entity governed by Private Law. Its financial resources stem exclusively from the rental and leasing of Hospice-owned property and contributions from supportive individuals, institutions, companies and societies.

It operates without government funding of any sort.

In 1972, in order to achieve the goals for which it was established, the Hospice for Neuro-disability established the Foundation for Care of Neurological Illnesses.

Today, the Foundation cares for around 180 patients from every part of Greece. Paraplegic or tetraplegic, stroke victims or suffering from multiple sclerosis or other conditions of the central nervous system, all face mobility issues. A full 80% of our patients are bedbound and incontinent. The Hospice for Neuro-disability takes in people whose incurable illnesses render them incapable of looking after themselves. Our only condition for entry is that an individual is not suffering from a psychiatric or infectious illness, has hard-toheal wounds, acute conditions or a cancer which requires special treatment. Our patients remain in the Foundation until the end of their lives; generally, they require increased medical, nursing and pharmaceutical care during these final stages.

A staff of 110 (doctors, physiotherapists, nurses, occupational therapists, administrative staff, technicians, handymen and others) provide them with 24-hour support.







THE BOARD OF DIRECTORS OF THE HOSPICE FOR NEURO-DISABILITY CONSISTS (IN 2015) OF THE FOLLOWING. ALL OF WHOM ARE VOLUNTEERS:

Chair: Ioanna Iliadi Vice-Chair: Efi Stylianea General Secretary: Vasilakou Lilika Members: Christos Apostolidis Pantelis Kasimatis Konstantinos Lymberopoulos Georgios Marinos Georgios Panagiotopoulos Evangelos Perlingas Athina Schina Stylianos Christonakis







(6)

The 110 everyday heroes of the Hospice for Neuro-disability

The medical care is provided by six salaried doctors with the help of specialists including an ophthalmologist, a dermatologist, an orthopaedic specialist and a neurologist-psychiatrist.

Our patients' dental needs are provided for by a fully-equipped dental surgery within the Foundation, which is manned by a salaried dentist. The Foundation also has its own physiotherapy department in which two qualified physiotherapists provide their services.

The full range of microbiological examinations are carried out in a microbiological laboratory which has contracted to cover all our patients' requirements in this area.

The nursing and care staff consists of 3 nurses with a four-year nursing qualification, 16 qualified nursing assistants with a two-year qualification and 30 assistant nurses.

We do everything we can to ensure that our patients are clean and that their needs are catered for. A total of 15 kitchen staff provide their services in the Foundation, along with the Volunteer Sisters of the Hellenic Red Cross and Friends of the Hospice who volunteer to help clients who cannot eat unassisted. The 40 or so private nurses who accompany the patients also provide significant assistance with their care.

Our patients' diet is overseen by a special committee. The food is subject to checks by the doctors and samples are periodically sent for chemical analysis. Since March 2014, we have enjoyed the support of the Mission of the Sacred Archdiocese of Athens, which provides our patients with their mid-day meal.





Can walk and communicate to a satisfactory degree

▶ 6 patients

Can walk and communicate to a moderate degree to a moderate degree

▶ 6 patients

Can walk and have Down Syndrome

▶ 2 patients

Can walk but cannot communicate to a satisfactory degree

▶ 4 patients

Can use a wheelchair to move around and communicate to a satisfactory degree

▶ 52 patients

Can use a wheelchair to move around and communicate to a moderate degree

▶ 29 patients

Can use a wheelchair to move around but cannot communicate to a satisfactory degree

▶ 28 patients

Bed-bound and able to communicate to a satisfactory degree

▶ 9 patients

Bed-bound and able to communicate to a moderate degree to a moderate degree

▶ 6 patients

Bed-bound and unable to communicate to a satisfactory degree

> 32 patients



Hospice for Neuro-disability: Philanthropy in practice since 1893

The Hospice for Neuro-disability was founded in 1893, 60 years after the creation of the modern Greek state. Wealthy and educated citizens, members of Athens' great families, joined forces with simple, everyday folk in the first organized and institutionalized act of social philanthropy in Greece.

All together, they helped cover the Foundation's operational needs but also helped it to grow. As a result, the Hospice for Neuro-disability remains Greece's largest charitable organization.

The history of the Hospice for Neuro-disability in numbers

After 124 years of uninterrupted service, the Hospice for the Disabled has withstood time and continues to improve the lives of its patients while remaining true to its founding vision. It will need your help if it is to rise to the challenges of the next period in its history.

▶ **55** patients

▶ **81** patients

▶ **180** patients

▶ **346** patients

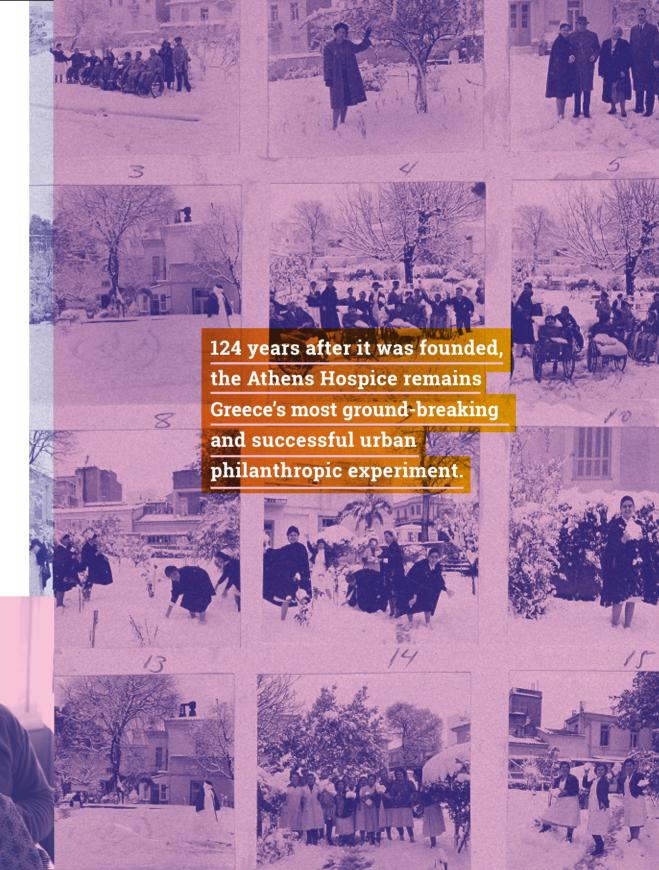
▶ **522** patients

▶ **431** patients

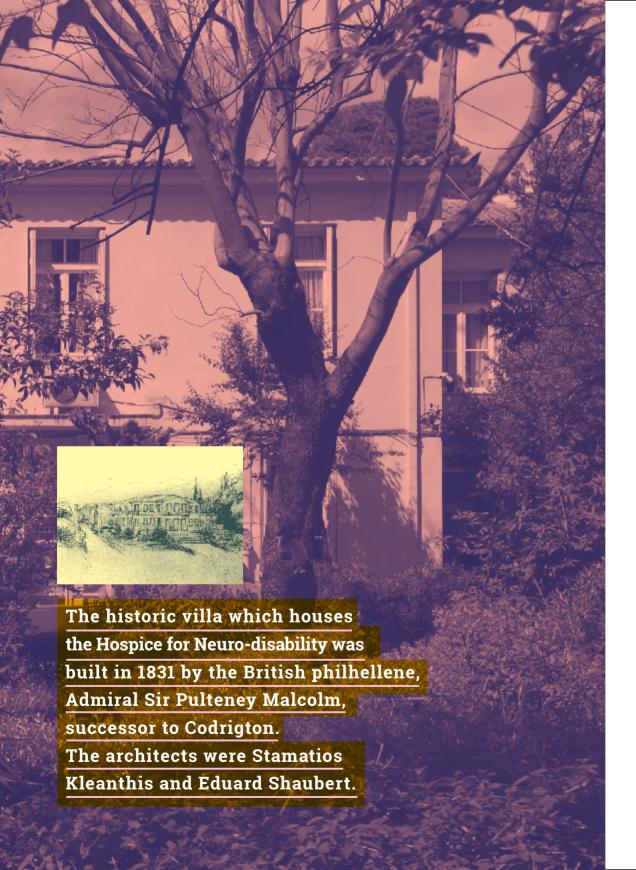
• **407** patients

▶ **306** patients

• **177** patients







The historic home of the Hospice for Neuro-disability: Admiral Malcolm's villa

The historic villa was built in 1831 by the British admiral and philhellene Sir Pulteney Malcolm, who succeeded Admiral Codrigton as commander of the British Mediterranean fleet. It was designed by the architects Stamatios Kleanthis and Eduard Schaubert. The building was later home to the Russian ambassador Alexandr Ozerof and subsequently to Ambassador Piscatory of France. The villa then passed into the possession first of the Duchess of Plaisance, Sophie Lebrun, and later Prime Minister Spyridon Trikoupis, whose son Charilaos sold it to Rodokanakis, the art lover from Syros. The Hospice for Neuro-disability leased the property in 1901, purchasing it four years later in 1905. It has been our permanent home ever since.

A later extension in the grounds of the villa was made possible by donations, which allowed the Hospice to increase its number of beds.

In 1973, a dispensing chemist, library, microbiological lab, neurological surgery, physiotherapy room, dental surgery, common room,occupational therapy room, laundry, machinery storage room, kitchen, Friends' Lounge, dressing room for external staff and a small chapel were added to the Hospice's facilities.

The Hospice for Neuro-disability was declared an historic and artistic building by dint of Act 46/19.12.72 of the Archaeological Council. As such, it—like the German Archaeological School, the Marasleio Academy, the mansions lining Athens' pedestrian walkway, the Stathatos Mansion and another eleven buildings and churches in Athens—warrants special state protection as an at risk example of the architecture and principles of the past.

Maturing along with Greece

The Hospice for Neuro-disability matured in parallel with the new Greek capital.

It survived the same trials and tribulations and continued to serve Greek society during the Balkan Wars, the Great War, the Asia Minor Campaign, World War Two and the Greek Civil War.

Over the last 40 years, the Hospice for Neuro-disability has had to fight for its life. Although the public has continued to demonstrate the high regard in which it holds us by supporting our efforts with donations and bequests of property, this very generosity has left us struggling against an unbearable taxation burden. Still, given the crucial needs the Hospice serves and our waiting list, which has rarely been as long as it is today, we have a duty to continue serving the community.

The women who gave life to the Hospice for Neuro-disability

Names of the Founders

Natalia Soutsou • Bessie Masson (Head Mistress of the Hill School for Girls) • Zoi Valtinou • Pipina Valosi • Andromachi Renieri Ermioni Iordanopoulou • Ev. Katzilieri • Maria Karapanou Evthalia Lampaki • Aik. Makreth • Kyriakoula Loukakou Theodora Lambrou • Polymnia Kamara • Alexandra Papoudof Eleni Negreponti • Artemisia Pournara • Maria Mikroulaki Aimilia Kalliga • Smaragda Kouri • Zacharoula Lamni

Presidents

Natalia A. Soutsou 1893-1896 • Maria K. Karapanou 1896-1901 Eleni Mev. Negreponti 1901-1927 • Antigone Ep. Voischou 1927-1942 Aik. Ipp. Apergi 1942-1951 • Theodora Chr. Brisimitzaki 1951-1970 Thaleia V. Voila 1970-1978 • Maria G. Oikonomopoulou 1979-2012 Ioanna Ch. Iliadi 2012-present



Our Hospice's only hope and

in the few fellow citizens

and in our volunteers.

refuge rests in our few sponsors,

who are concerned about our fate,



Good acts rewarded: awards received by the Hospice for Neuro-disability

▶ 1940

Virtue award in memory of Mado Mavrogenous from the Academy of Athens, which was accompanied by a donation of 34,000 Drachmas.

▶ 1959

Gold Cross of the Archangels of the Order of Beneficence, awarded by the King to our Chair, Theodora Brisimitzaki, for the services provided to the community by the Hospice for Neuro-disability.

▶ 1974

From the Academy of Athens: "By wish of the Order of Ethical and Political Sciences and by its unanimous decision the Silver Medal is awarded to the Hospice for Neuro-disability in its 80th year of philanthropic service. The Academy presented its first award to the Hospice in 1940, but the increased zeal and efficacy with which it has continued to go about its business of caring for and relieving the pain of thousands of sufferers fully justifies the award of a still more distinguished award".

▶ 1988

A Gold Cross from the Greek Red Cross for the many years of Christian care provided to those suffering from incurable ailments.

▶ 1995

Honorary Plaque from the Association of Athenians to mark the centenary of the Hospice.

> 2002

The Rotary Club of Athens, "in recognition of the difficult work the Hospice does and its significant contributions to the care of fellow human beings suffering from incurable ailments", awards the Smaragda Vereketi prize to the Hospice for Neuro-disability.

▶ 2004

City of Athens medal and plaque awarded to the Hospice by Dora Bakogianni.



One institution, one big family of benefactors

The list of the Hospice for Neuro-disability's benefactors included the Syngou, Dragoumis, Embeirikos, Negri, Orloff, Mela, Stathatou, Skouze, Sophia Schleeman, Benaki families and many others. They have created a moving tradition which began in the first years following the founding of the modern Greek state and is continued to this day.

Recent benefactors include the families of Andreas Metaxas, Maria Negreponti, Marinos Geroulanos, Karolos Fix, Bodossakis Athanasiadis, Doli Goulandri, Ioannis Katakouzinos, Elli Ritsou, Pavlos Vardinogiannis, Kostas Laimos, Theodoros Angelopoulos, Stefanos Pesmazoglou, Ioannis Latsis, the Stavros Niarchos Foundation and those anonymous citizens who believe in values and in the vision of giving, proving that we can all be one big family when we unite behind a common goal.

Benefactors

National Bank of Greece, Ethniki Asfalistiki, Pavlidis Chocolate,
Viamax SA, Petrola SA, Karelia SA, Papastratos AVES,
Sarakakis Brothers, American Express Foundation, Ideal Standard,
Boehringer Ingelheim Hellas, Minerva SA, Athens Medical Centre,
Piraeus Bank, Vivechrom, Wella Hellas, Athenian Brewery,
Interamerican, Halyvourgiki SA, Olympic Airways, Allatini, Heracles
Cement, Minos Matsas & Sons, Abbott, Faber-Castell, VIOHALCO,
Sanitas, Lockheed Martin International SA, VIANEX, Hygeia Hospital,
Barba Stathis, Lidl, Hellas Gold SA, OTE, COSMOTE, Praktiker
Hellas, Hellenic Petroleum, EKO, Bloomberg, Coca Cola,
Prime Tanker Management.

Historic Benefactors

Iphigenia Syngrou, Markos Dragoumis, the Embirikos family, the Negris family, Angeliki Orloff, Andromachi Mela, Athina Stathatou, Maria Kallifrona, Countess Riancourt, Michail Rodokanakis, Isavella Skouze, Sofia Schliemann, Alexandros Skouzes, Emmanouil and Virginia Benaki and family, Marinos Geroulanos, Karolos Fix, Prodromos



Bodossakis Athanasiadis, Doli Goulandri, Kostas Laimos, Theodoros G. Angelopoulos, Stefanos Pesmazoglou, Ioannis Latsis.

Institutions and Organizations

Stavros Niarchos Foundation, AG Leventis Foundation, Bodossaki Foundation, Paul and Alexandra Canellopoulos Foundation, Canadian Embassy, Eugenides Foundation, Konstantinos Kapsaskis Foundation, Athens Archdiocese Mission, Boroume, Hellenic Red Cross, Goulandris Natural History Museum, Central Board of Jewish Communities in Greece, Masonic Foundation of Greece, Hellenic Bank Association, Moraitis School, Onassis Cultural Centre.

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The major benefactors of the Hospice for Neuro-disability

- 1905 Markos Dragoumis
- 1907 Eleni K. Mourouzi
- **1911** Vasiliki Georg. Papazisi
- 1916 Evterpi Kyr. Skylitsi
- 1920 Maria Koutsi / Polymnia Kamara / Artemisia Pournara
- **1922** Evfrosyni Vallianou
- 1923 Spyridon Ioannidis / Kyriakoula Loukakou /
 Konstantinos Berzovitis / Eleni Oikonomou / Lazaros
 Oikonomou / Petroula Tsamadou
- 1925 Tatiani via her father Angelos Nisioti / Spyridon Galiatsas / Spyridon Nikolopoulos / Maria Kyriakidou / Evthalia Lampaki
- 1926 Alexandra N. Lountzi / Charikleia Papachristopoulou /
 Athina Stathatou
- 1927 Eleni M. Negreponti / Spyros Nikolopoulos /
 Aimilia V. Touliatou
- 1928 Vasiliki I. Korre / Andreas N. Metaxas / Andromachi Alexandropoulou / Aikaterini I. Grigoriou
- **1930** Estia newspaper / Alexandros Mavrogenis / a gentleman from Port Said / Dimitrios Sklepas / Evdokia
 S. Tzoanopoulou
- 1932 Evfrosyni Etek / Polyxeni Papamichalopoulou / Chrysanthi E. Fondrier
- 1933 Laskaris Asimakopoulos / Antigone Voischou / Epameinondas Voischos
- **1934** Nikolaos Antoniadis / Christos Doukakis / Konstantinos Sergiadis / Theophano Sideridou / Aikaterini Sp. Tzamali
- 1935 Pigi Papanastasiou née Panagiotara
- 1937 Ypatia Papodi

1938 Maria Andreou Skia 1939 Reggina P. Kokkyri / Evanthia Kourkoumeli / Dimitrios Kritikos/ Aikaterini S. Krokida / Eleni Chelioti **1940** Theodoros Anagnostopoulos 1941 Kalliopi Krommyda 1945 Panagis Geladakis / Nikolaos Giaglopoulos 1947 Panagiotara Zilakou 1949 Eleni Charalambi 1953 Konstantinos Izailof 1954 Grigorios Paikos / Aikaterini Politou 1956 Dorotheos, Archbishop of Athens and all Greece / Dionysios Zachariadis / Christina Dimitrakelli / Evnomia Marsellou / Aikaterini Poliou / Ioannis Chloros 1957 Christos Magiopoulos / Dafni Macha / Evangelos Bardis / Mich. Ath. Oikonomou / Dimitrios Rigopoulos / Anakreon Saridakis 1958 Georgios Anastasopoulos / Peleia Izailof / Spyridon Lafis **1961** Aggeliki Vathi 1962 Eirini Konstantakopoulou / Maria Negreponti / Evdokia Tsianaka CARE Organization 1963 Kyriaki Grigoriadou / Ioanna Danasi / Vasileios Doukas / Marianthi Konni / Maria Polychroniadou / Elli Pratsika / Pantelis Hatzimichalis 1964 Panagiotis Anastasiou / Penelope Anorou / Angelos Gavalas / Georgios Maniatakos / Panagiotis Panagiotopoulos 1965 Ourania Andrikidou / Athina Varounaki / Evthalia Kosmidou / Isavella Stefanaki 1966 Nikolaos Abatielos / Panagiotitsa Vakatatsi / Stylianos Vlachakis / Christos Damaskis / Pavlos Zipsis / Louiza Issari / Mireille Kotzia / Maria Mani / Georgios Roussos / Elpis Christodoulou

1967 Anastasios Gyfteas / Maria Dikaiou / Konstantinos Karavias / Vasiliki Kombocheila / Christos Kouvavas / Chrysanthi Sarri / Titika or Valentini Souliotis 1968 Alexandros Deirmetzoglou / Mayrikios Kordelis / Fani Nikolopoulos / Athina Trakada / Aggeliki Flessa 1969 Paylos Athanasiadis / Arist. Varnavelias / Konstantinos Bakopoulos / Ioannis Paschos / Alexandros Seitanidis / Aikaterini Chatzopoulou / Nikolaos Iliopoulos / Maria Kotsira / Garyfalitsa or Litsa Loundra / Emmanouil Malamatenios / Voula Saratsopoulou 1971 Thaleia V. Voila / Zoi Karakiozoglou 1972 Nick Argo / Anastasios Alsitzoglou and Sofia Prodromidou / Leonardos Kapetanstratakis / Antigone Loverdou 1973 Ioannis Dimakopoulos / Georgios Makropoulos / Amyrosios Pantelidis 1974 Anna or Anastasia Louvari / Dimitra Bogiatzi 1975 Ioannis Anastasopoulos / Kleopatra Doukaki / Panagiotis Iatrou / Christos Katsaris / Georgios Konstantinidis / Georgios Tavlarios / Ioannis Tinios 1976 Mairi Antypa / Sotirios Gazopoulos / Aikaterini Zarakovitou / Eleni Papanikolaou / Stefanos Pesmazoglou / Ioannis Sarakakis / Christos Tsougranis 1977 Penelope Gourdeli / Eirini Kyvernitou / Michalis Pantazopoulos / Panagiota Hatziioannou 1978 Marika Angelidou / Eleni Kalvokoresi / Lykourgos Karydis / Nikolaos Karydis / Georgios Masouridis / Konstantinos Pothitakis 1979 Dimitrios Varzeliotis / Kyr. Dimakopoulos / General

& Mrs Manthopoulos / Meimaridis-Pirpiroglou OE /

Bodossaki Foundation / Konstantinos Tsioumis /

1980 Anastasia Grafeiadou / Ioannis Katakouzinos /

Nikolaos Spentzas / Artemis Tzitzou

Eleni Malathoura / Matthaios Palaiogenidis /

Charalambos Chatzopoulos

1981 Dimitrios Korakis / Konstantinos Latsoudis / Georgios Mitropoulos / Maria Sbarouni 1982 Venetia Georgakopoulou / Kleanthis Kafetzidakis / Vasileios Kyriakopoulos / Panas Pantelidis / Elli Ritsou / Adrianna Tsiliani / Ioannis Oraiopoulos / Maria Gerker / Nestor Papachristou / Eleni Saroglou / Dimitrios Skoutelas / Marinos Fokas-Kosmetatos **1983** Maria Gesker 1984 Dimitrios Gaitanos / Flora Zafeiropoulou 1987 Spyros Antippas / Aglaia Politaki 1988 Sofia Gaitanou / Ioannis Latsis - "Petrola" / Ioannis Nestoridis / Nikolaos Fetsis / Eleftheria Markantonatou / Thrasyvoulos Filippidis 1989 Georgios Karydis / Maria Kinatou 1990 Nikolaos Dimitriadis / Argyroula Katsanou / Maria Bolani 1991 Leda Pavlou Vardinogianni / Kalliopi Kasdoni / Eleni Nikolaidi / Nikolaos Politakos 1992 Evangelia Dimaki / Theodosios Koutsikos **1994** Sofia Dimitrakopoulou 1995 Elli Ertsou / Panagiota Kolokotroni / Dimitrios Konstantopoulos / Eleftheria Mamalouka / Dimitrios Mantzinos / Delia Moysidou / Michael Oikonomopoulos / Dimitrios Salvaras/ Paraskevas Symeonidis 1996 Nikolaos Andronikos / Michail Parousis / Anna Perdikopani 1997 Angeliki Kalogeropoulou 1998 Athina Valtasar-Metaxa / Stavros N. Niarchos Foundation 2001 Ifigeneia Katsouli / Stasinos Pavlis / Anna Pavli

2007 Georgios Polyzois2015 Panagiotis Reppas

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